# **Blue sheet**

## Laser Maze

Using some toilet paper, create your own laser maze at home. Roll out the paper and carefully tuck it into different things around your room or carefully attach it onto the walls.

See if you can carefully move through the laser beams without breaking the maze! Challenge a family member to complete the maze without breaking it.

## Indoor Scavenger hunt

### Find something:

- With buttons
- That smells
- Is red
- With a pattern
- Shiny
- You can put paper in
- Round
- Soft
- Rough
- Green
- That has an on and off switch

#### Obstacle course

Can you make an obstacle course? This could be inside or outside your house. Think about moves and materials you might be able to include:

- jumping jacks
- weaving in and out of food cans/ toilet rolls.
- Balancing items on your head (e.g- teddies) instead of bean bags.



#### **Balloons**

Blow up some balloons and try as many of these balloon games as you can, send in some photos of your games!

Pass the balloon around your family without using your hands or dropping it on the floor otherwise you start again.

Keep ups ... how many times can you pass a soft ball/balloon to each other without it touching the floor?

Balloon race! Stick some tape in a straight lines along the floor. Have a race with a family member using your balloon, you can only move the balloon using your nose along the line.

Draw some silly faces on your balloons and create a balloon puppet show for your family.

#### Wind chime or nature mobile

Can you make a wind chime or mobile with your family using objects from around your house or things that you have found on your walk.

You could pick flowers or leaves...then freeze them in ice cube moulds with thread. Then when they are frozen hang them up outside.







# Leaf/Bark Rubbings

Go for a walk with an adult to a local park or somewhere that you can find different trees. Take some paper and crayons. Place the paper on the bark of the tree and crayon over it. What patterns can you see? Can you make the rubbings into pictures?



You could also use leaves and make a model tree.



# **Blue sheet**

### Make a summer drink

Can you make lemonade with your family?

To make lemonade you will need: 4 lemons Wooden spoon 500ml of water 100g caster sugar

Can you think of any other summer drinks you can make?



# Friendship bracelet

If you can go outside, carefully make a dandelion or daisy friendship bracelet for someone in your family.

If you are unable to go outside, use some household items to create a bracelet. For example, you could use foil.



# **Cereal Box**

How many items can you find around the house and garden or even on your daily walk that would fit into a cereal box? You could compete with a member of their family.